



Manhattan Beach Unified School District

325 South Peck Avenue • Manhattan Beach • California 90266 • (310) 318-7345 • FAX (310) 303-3822

CALIFORNIA HEALTHY KIDS SURVEY NOTIFICATION AND WITHDRAWAL FORM 2021-2022 SCHOOL YEAR

Dear Parent or Guardian,

Your seventh-grade child is being asked to be a part of our school's Healthy Kids Survey sponsored by the California Department of Education. This important survey provides us with valuable information on our continual efforts to provide safe and drug-free, positive learning environments for MBUSD students. We value opportunities for meaningful student feedback and involvement. Research has shown that healthy students learn better. Developing schools that are drug-free, safe havens for positive youth development is central to our mission and ability to teach. Research studies and reviews over the past decade have consistently concluded that student health and wellness status and achievement are inextricably intertwined. Student participation is optional. Please read this form for information about the survey, and for instructions on how to withdraw your child. If you do not want your child to participate, submit the seventh grade [CHKS Withdrawal Form](#) by **Wednesday, January 12**.

Survey Content. The survey gathers information on behaviors such as physical activity and nutritional habits; drug use; school safety; and environmental and individual strengths and assets. The Healthy Kids Survey, along with more detailed information, is available to view at our [district's website](#) under the "Student Services Department" tab.

Administration. The survey will be administered in the winter. It will take about 30 minutes to complete and will be administered by one of your child's teachers.

Participation is Voluntary and Anonymous. Your child does not have to take the survey. No names or any other identifying information is connected to the answers except for the name of the school. Students who participate only have to answer the questions they want to answer, and they may stop taking the survey at any time.

Potential Risks. There are no known risks of physical harm to your child. Risks of psychological or social harm are very small. None have been reported in MBUSD during the 16+ years of survey administration. In rare instances, some questions might make students feel uncomfortable. As always, the school's staff and counseling services are available to answer any questions that may arise.

For Further Information. The survey was developed by WestEd, a public, non-profit educational institution for the California Department of Education. If you have any questions about this survey, please call Christina Giguere, Director of Student Services, at (310) 318-7345, x5989 or visit the Health Kids Survey webpage on the district website.

If you do not want your child to participate, submit the withdrawal form below. Thank you.

[CHKS Withdrawal form – 7th Grade](#)

Use the link above to opt out of the California Healthy Kids Survey for your seventh-grade child(ren). **This withdrawal form is due by Wednesday, January 12.**